## Gilling West Fly Fishers

Hazard	Who could be harmed	Preventive measures	Notes
Drowning.	Angler.	-Use a wading stick. -Do not wade when beck is in flood or water level is rising. -Avoid known deep holes in river bed. -Consider wearing a buoyancy vest.	
Electrocution.	Angler.	-Do not cast near power lines. -Do not use rod during thunder storms. -lower rod when passing under power cables.	Anglers to ensure they know location of power lines.
Hit with a fly.	Angler. Public.	-Execute the cast safely. -Check back cast area. is clear before casting. -Use barbless hooks. -Carry first aid kit.	
Hook in the eye.	Angler.	-Wear protective glasses.	
Injury due to trips and falls.	Angler.	-Move slowly and carefully along the bank side or when wading. -Take care negotiating holes and obstructions. -Keep away from areas where it looks like the bank might collapse. -Take care when negotiating stiles. -Wear studded boots whilst wading.	
Weils disease.	Angler.	-Do not put wet flies etc in your mouth. -Cover cuts and open wounds that might come into contact with water from the beck.	This is transmitted in rat's urine.

## Fly Fishing Risk Assessment

Hazard	Who could be harmed	Preventive measures	Notes
Exposure to cold.	Angler.	-Wear thermal clothing in extreme cold weather. -Do not stay in the water for too long in the winter. -Carry a thermos flask. -Use hand / feet warmers.	
Sun burn, heat stroke.	Angler.	-Use sun block in hot weather. -Drink plenty of water. -Wear a hat.	
Ticks and Lyme disease.	Angler.	-Cover up exposed flesh whenever possible. -Consider carrying a tick removal tool. -Inspect body for ticks at the earliest opportunity.	Ticks and Lyme disease may be present on land and vegetation near the beck.
Trampling by cattle.	Angler.	-Avoid crossing fields where cattle are grazing.	Applies to Hartforth beat.
Injury from barbed wire.	Angler.	-Only cross barbed wire fencing at styles provided.	Applies to Hartforth beat.
Painful skin burns.	Angler.	-Do not touch Giant Hogweed.	Report if this plant is found on our beat.
Medical emergency whilst fishing.	Angler.	-Carry a mobile phone. -Ensure you book in and out on the club WhatsApp booking group. -Ensure a family member or friend knows where you are fishing and what time to expect you home. -Carry a first aid kit. -Carry essential medication.	It's important to book out when you leave the beat to avoid others becoming concerned about your safety.

## R Wood Revised 20<sup>th</sup> February 2022